

# Edamame's Dinner Menu

*served on Friday and Saturday evenings only*

**If you have ANY ALLERGY CONCERNS please alert your waitstaff BEFORE ORDERING !**  
**Our staff can advise food choices with you and will make your concerns clearly known to the chef**

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|---|--|
| <b>(M)</b> contains <b>meat</b>           | <b>(P)</b> is suitable for <b>pescatarians</b> (fish eating vegetarians) |
| <b>(G)</b> <b>gluten-free</b>             | <b>(P)*</b> can be made suitable for <b>vegetarians</b> ON REQUEST       |
| <b>(G)*</b> <b>gluten-free</b> ON REQUEST | <b>(V)</b> is suitable for <b>vegetarians</b> (no meat, no fish)         |

## meat dishes (rice and soup NOT included)

### chikin katsu チキンかつ (M)

fresh chicken breast fillet, breaded and deep fried, served with a fruity dipping sauce ..... £8.00

### chikin karaage チキンからあげ (M)

fresh chicken breast chunks, marinated in soy and ginger, and deep fried ..... £8.00

### tonkatsu とんかつ (M)

tender pork cutlet, breaded and deep fried, served with a fruity dipping sauce ..... £8.00

### shogayaki しょうがやき (M)

stir fried strips of pork loin marinated in soy and ginger ..... **may appear as a special (£)**

### beef yakiniku 焼き肉 (M)

stir fry of thinly sliced beef steak marinated in garlic, spices and sesame ..... **may appear as a special (£)**

## fish dishes (rice and soup NOT included)

### satsumaage さつまあげ (G)\* (P) (is **gluten-free** without the chilli sauce)

assorted pan-fried japanese fish cakes, served with edamame's home-made sweet chilli dipping sauce ..... £8.00

### ikanoshogayaki いかのしょうがやき (P) (contains **molluscs**)

tender squid pieces, marinated in soy and ginger and stir fried (**can be made a little spicy for +50p**) ..... £8.00

### samonbatayaki サーモンバターやき (G)\* (P)

juicy chunks of fresh salmon fillet, pan-fried with butter and japanese seasoning ..... £12.00

### takoyaki たこやき (P) (contains **molluscs**)

octopus pieces in small "pancake balls", topped with seaweed powder, dried fish flakes and sauce ..... £6.50

### samon furai サーモンフライ (P)

large, fresh salmon fillet in japanese breadcrumbs, deep fried, served with a fruity dipping sauce ..... £12.00

### samon teri "えだまめ風" サーモンてり (P)

fresh salmon fillets, marinated and poached in "edamame-style" teriyaki sauce ..... £12.00

## vegetable dishes (rice and soup NOT included)

### kinpira gobo きんぴらごぼう (V)

stir fried shredded burdock root, seasoned with sesame seeds and sweetened soy ..... £4.00

### amaitamagoyaki あまいたまごやき (G)\* (P)\*

omelette made with free range eggs, cooked with soy and sweetened wine seasoning ..... £7.00

### yasai tofu itame とうふ入りやさしいため (vegetable stir-fry) (G) (P)\*

mixed vegetables with Japanese stock seasoning and stir fried with tofu chunks ..... £7.50

### bata horenso バターほうれんそう (G)\* (P)\*

baby spinach, pan fried lightly with butter and japanese seasoning ..... £4.50

### tofu steak とうふステーキ (V)

tofu slices cooked in "edamame's" sweetened soy, with grated mild mooli radish and leeks ..... £8.00

### agedashidofu あげだしとうふ (P)

crispy deep fried tofu chunks, served in "edamame's" sweetened soy, topped with grated mild mooli radish, dried fish flakes, chopped leeks and a little freshly-grated ginger ..... £8.00

## side orders

### edamame えだまめ (G) (V) *our signature dish !*

delicious and addictive, succulent green baby soy beans - pop them from their pods and enjoy !  
we highly recommend you try some as a starter while we prepare your other selections ..... £4.00

### tsukemono つけもの (G)\* (V)

mixed pickled vegetables - a crunchy accompaniment to your meal ..... £4.00

### negi natto ねぎなっとう (G)\* (P)\* (is gluten-free and vegetarian without the sauce)

sticky, fermented soy beans, topped with a sprinkling of chopped leeks - an acquired taste for some ! ..... £3.00

### japanese rice ごはん (G) (V)

small bowl of rice - we recommend one bowl of rice per person, which is also used traditionally as a plate ..... £3.00

### miso soup みそしる (G) (P)\*

traditional home-made miso soup, sprinkled with chopped leeks (regular or *vegetarian* soups available) ..... £3.00

### chilli sauce チリソース (P)

edamame's home-made sweet chilli dipping sauce, topped with a sprinkling of chopped leeks ..... £2.00

We usually offer some specials to add to this dinner menu to add to your choices